



Stocked for Survival

An inventory of Doug Ritter's four-person survival kit
(Total weight, 29 pounds)

Signaling Group

- 2 signal mirrors, 3"X5"
- 1 ACR "Firefly ACR/4F" strobe rescue light *
- 1 spare strobe battery *
- 1 G.I. whistle w/lanyard
- 2 British lifeboat whistle
- 1 fluorescent orange surveyor's flagging tape, 250 ft.
- 6 Skyblazer aerial flares, 3 white and 3 red *
- 2 Skymark 30 smoke flares *
- 1 Emergency Beacon Corp. EBC-102 (ELT) *
- 1 spare ELT battery *

Emergency Devices Group

- 1 USAF survival knife w/sheath and stone
- 1 Leatherman pocket survival tool
- 1 Fiskars "Super Snips"
- 1 needle nose Vise-Grips, small
- 1 SAS-style premium wire commando saw
- 1 Silva "Ranger CL-15" compass
- 2 Tekna lithium battery "Splash Lite" flashlight *
- 2 spare lithium flashlight batteries *
- 4 Cyalume lightsticks, white 8 hr. *
- 2 Cyalume lightsticks, high intensity, yellow 30 min. *
- 2 Cyalume lightsticks, ultra-high intensity, orange 5 min. *
- 1 lightstick holder
- 1 Spark-Lite firestarter kit w/extra tinder
- 1 magnesium firestarter
- 25 windproof/waterproof Lifeboat matches in vial
- 1 survival candle, 1"X4"
- 2 Thompson steel game snares
- 1 fishing kit w/line, hooks, lures, weights, swivels, etc., in pouch
- 1 frog/fishing spear head

Shelter, Protection Group

- 2 Space emergency blankets, silver/orange
- 4 Space emergency sleeping bags, silver
- 1 ultralight Ripstop nylon tarp, orange, 9'X12'
- 4 lightweight plastic poncho, yellow
- 4 shade hats
- 4 "Solar Shields" sun glasses
- 4 bandannas
- 2 Bullfrog SPF-36 sunblock *
- 2 Vaseline lip balm SPF-25 *
- 1 Repel 100% DEET insect repellent *

Medical Group

- 1 Outdoor Research "Group First Aid Kit" supplemented w/extra supplies, prescription drugs, emergency medical handbook, etc. *
- 1 Sawyer "Extractor" venom pump kit (in first aid kit)
- 1 "SAM Splint" emergency splint
- 6 "Trau-Medic" field dressings
- 1 elastic bandage, 4"
- 1 elastic bandage, 6"
- 4 gauze compresses

Water, Food Group

- 6 1-liter plastic water canteen with attached cap filled w/distilled water then boiled and sealed *
- 1 First Need deluxe water purifier kit w/pre-screen filter
- 50 "Portable-Aqua" iodine water disinfectant tabs *
- 1 Solar-Spring solar still
- 8 S.O.S. Survival Food Rations/Aircraft (1,200 kcal/ration) *
- 8 E.R.G. Drink Mix (electrolyte replacement) *
- 2 rolls Lifesaver candy
- 16 bouillon cubes *
- 8 tea bags *
- 1 salt

Personal Supplies

- 1 toilet paper, small roll
- 1 spare glasses
- 1 small bar soap
- 1 small tube toothpaste *
- 1 toothbrush

Miscellaneous

- 1 "Peak-1" aluminum container/pots w/handle
- 1 40' 5mm Blue Water Kernmantel accessory rope (1,275 pound test)
- 2 Chouard lightweight "D" carabiners
- 1 Chouard expedition sewing kit
- 1 Itoya "Pocketlens" plastic fresnel magnifying lens, 3"X5"
- 1 20 sq.ft. HD aluminum foil
- 1 20' .032 S/S safety wire
- 1 sponge, 3"X5", compressed
- 1 roll Duct tape, small and yellow
- 1 "StormSaf" waterproof paper notebook, 3"X5"
- 1 Fisher "Space Pen"
- 1 thermometer w/wind chill chart
- 4 Zip-Lock plastic bags, gallon size
- 2 garbage bags, large, 1.3 mil
- 1 survival manual
- 1 Cordura nylon backpack w/carrying handle, red

** Limited shelf life. Keep track of expiration dates and replace as required.*